

Biathlon (Swim, Run)

Monday 18th July 2022 at the Pods (Swim) & App Frod Sports & Social Club (Run)

GET AHEAD
PARTNERSHIP

EDUCATION. SPORT. WELLBEING

Teams/Gender:	Students will compete as individuals and as a team of three. There are separate competitions for Year 4 Boys, Year 4 Girls, Year 5 Boys, Year 5 Girls, Year 6 Boys and Year 6 Girls. Teams do not have to be declared in advance, but schools must confirm the number of boys and girls in each year group that will be attending. The first three best individual aggregate points scores for the swim and run will be the A team, the next three best will be the B team and so on.
Event Format:	Years 4, 5 and 6 will compete in a 25 metre swim. Swimmers can use any recognised stroke they feel comfortable with. Year 4 will complete a 400m run. Year 5 and Year 6 will complete a 600m run.
Scoring:	Swimmers may be placed in a heat with students from the same school, however, points will be accumulated on their times rather than finishing positions In each event points are allocated based on finishing time achieved. These are added together to produce a final points score.
Results:	There are separate competitions for Year 4 Boys, Year 4 Girls, Year 5 Boys, Year 5 Girls, Year 6 Boys and Year 6 Girls To be published after the event.
Health & Safety:	Staff must ensure that all participants are competent swimmers, i.e. they can comfortably swim 25 metres safely.
Target Group:	Year 4 Boys, Year 4 Girls, Year 5 Boys, Year 5 Girls, Year 6 Boys and Year 6 Girls who can all swim 25 metres competently.
Intent:	COMPETE: Develop character and life skills; engage new audiences; develop different sport specific skills.