

# Swimming (KS2)

## Rules

Entry <a href="https://www.letsgetahead.co.uk/primary-events">https://www.letsgetahead.co.uk/primary-events</a>	
<b>Teams/Gender:</b>	<ul style="list-style-type: none"> <li>A team is a minimum of 4 boys and 4 girls and a maximum of 6 boys and 6 girls.</li> <li>Each swimmer allowed to compete in maximum 2 individual events and 2 relays.</li> <li><b>If you have any swimmers who represent a club you must enter the Swimming Club Gala</b></li> <li><b>The Swimming Development Gala is only for non club swimmers</b></li> </ul>
<b>Event Format:</b>	<ul style="list-style-type: none"> <li>Based on the number of entries, heats will be swum to identify the 8 fastest swimmers for a final</li> <li>All swimmers will start their race in the water.               <ul style="list-style-type: none"> <li>25m Backstroke (2 girls &amp; 2 boys)</li> <li>25 m Breast stroke (2 girls &amp; 2 boys)</li> <li>25 m Front Crawl (2 girls &amp; 2 boys)</li> <li>50 m Freestyle (2 lengths) (2 girls &amp; 2 boys)</li> <li>4 x 25 m Freestyle Relay (4 girls &amp; 4 boys)</li> <li>Mixed Medley Relay (1 Back, 1 Breast 2 x Front Crawl) (2 girls &amp; 2 boys)</li> <li>4 x 50 m Freestyle Relay (2 boys &amp; 2 girls)</li> </ul> </li> </ul>
<b>Scoring:</b>	<ul style="list-style-type: none"> <li>All swimmers who do not qualify for the final will be awarded 2 points for successfully completing their heat.</li> <li>Further points will be awarded based on the positions in the finals. Winners of a final will be awarded 10pts; second place 9pts; third place 8pts etc.</li> <li>The winning team will be team with the highest total at the end of the competition.</li> </ul>
<b>Entry Form:</b>	<ul style="list-style-type: none"> <li>Downloadable from events page on the website.</li> </ul>
<b>NGB website:</b>	<ul style="list-style-type: none"> <li><a href="http://www.essa-schoolswimming.com">www.essa-schoolswimming.com</a></li> <li><a href="http://www.swimming.org/schoolswimming/">www.swimming.org/schoolswimming/</a></li> </ul>
<b>School Games resources:</b>	<ul style="list-style-type: none"> <li><a href="https://www.yourschoolgames.com/app/sports/sport-format-resources/152/">https://www.yourschoolgames.com/app/sports/sport-format-resources/152/</a></li> <li><a href="https://www.yourschoolgames.com/app/sports/sport-format-resources/112/">https://www.yourschoolgames.com/app/sports/sport-format-resources/112/</a></li> <li><a href="https://www.yourschoolgames.com/app/sports/sport-format-resources/72/">https://www.yourschoolgames.com/app/sports/sport-format-resources/72/</a></li> <li><a href="https://www.yourschoolgames.com/app/sports/sport-format-resources/33/">https://www.yourschoolgames.com/app/sports/sport-format-resources/33/</a></li> </ul>