Sportshall (Year 5/6) Rules



EDUCATION. SPORT. WELLBEING

Entry	https://www.letsgetahead.co.uk/primary-events
Teams/Gender	• School teams should consist of a minimum of 9 girls and 9 boys, with
:	a maximum of 15 girls and 15 boys being permitted. Therefore a team
	size can vary from 18 to 30 athletes.
Event Format:	 Each athlete may compete in a maximum of two track and two field events, drawn from the following: On the track (each requiring two girls & two boys) 1+1 Lap Relay 2+2 Lap Relay 6 Lap Paarlauf On the track (each requiring four girls & four boys) Obstacle Relay Over / Under Relay 4 x 1 Lap Relay On the field (each requiring three girls & three boys)
	 Chest Push Soft Javelin Speed Bounce Standing Long Jump Standing Triple Jump Vertical Jump
	 A full explanation of each event together with some teaching points can be downloaded from www.sportshall.org Please download the 'Primary School' resources. https://www.sportshall.org/primary/primary-sportshall-competition/teachers-downloads Team sheets must be completed before arrival at an event with athletes' names and the correct number of athletes for each event.
Scoring:	• In each event points are allocated based on finishing position and the number of schools who have entered the competition. For example if 8 schools enter the competition then 16 points will be awarded for 1st place, 14 points for 2nd place etc.
NGB Website:	<u>www.sportshall.org</u>
School Games resources:	 https://www.yourschoolgames.com/app/sports/sport-format-resources/121/ https://www.yourschoolgames.com/app/sports/sport-format-resources/2/
	• https://www.yourschoolgames.com/app/sports/sport-format- resources/3/