EIS Athletics (Year 3/4/5/6) Rules



EDUCATION. SPORT. WELLBEING

Entry	https://www.letsgetahead.co.uk/primary-events
Teams/ Gender:	An overall team of 24 athletes will be comprised of the following:
	o 6 from Year 3/4 Girls
	o 6 from Year 3/4 Boys
	o 6 from Year 5/6 Girls
	o 6 from Year 5/6 Boys
Event Format:	• The following events have 2 boys and 2 girls from Year 3/4 and Year
	5/6:
	o 40m sprint
	o 60m sprint
	• The following events have 1 boy and 1 girl from Year 3/4 and Year 5/6:
	o 200m
	o 600m
	• The following events have 3 boys and 3 girls from Year 3/4 and Year
	5/6:
	o Standing Long Jump
	o Soft Javelin Throw
Relays:	The following relays will also take place during the event:
	• Mixed Year 3/4 6 x 40m Relay (3 boys and 3 girls from year 3/4)
	• Mixed Year 5/6 6 x 40m Relay (3 boys and 3 girls from year 5/6)
	• Year 3/4 4 x 50m Relays (4 boys and 4 girls from year 3/4)
	• Year 5/6 4 x 100m Relays (4 boys and 4 girls from year 5/6)
	• Mixed Year 3/4 Swedish Relay (2 boys and 2 girls from year 3/4).
	Distances are 50m, 50m, 100m, 200m.
	• Mixed Year 5/6 Swedish Relay (2 boys and 2 girls from year 5/6).
	Distances are 100m, 100m, 200m, 200m.
	Mixed Age/Gender Swedish Relay (1 boy and 1 girl from year 3/4 and 1
	boy and 1 girl from year 5/6). Distances are 50m, 50m, 100m, 200m.
Scoring:	• Points will be allocated on the positions achieved in each of the
	events explained above.
	There are 3 different categories (small, medium, large schools) based
	on the KS2 school roll numbers of the schools attending.
NGB Website:	http://www.englandathletics.org/
School Games	https://www.yourschoolgames.com/app/sports/sport-format-
Resources	resources/3/

Get Ahead Partnership

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